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LETTER TO THE EDITOR

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Prematurity and low birth weight: geospatial analysis and recent trends



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Abstract

Prematurity and low birth weight are of concern in neonatal health. In this work, geospatial analysis was performed to identify the existence of statistically significant clusters of prematurity and low birth weight using Moran's I. Data was obtained from March of Dimes and the National Center for Health Statistics for the years 2015 to 2019. Analysis demonstrated the presence of hotspot (High-High) and coldspot (Low-Low) geographic clusters of these variables in regions across the United States. Additionally, factorial ANOVA was performed, and revealed the significance of demographic variables of interest. Given the strong relationship between these two variables, regions that are hotspots for one variable, but not the other, are of particular interest for further study.

Keywords: Prematurity, Low birth weight, Geospatial, Cluster, Neonatal

Letter to the editor

Dear Editor,

It has been previously established that prematurity (PM) and low birth weight (LBW) are of concern when assessing neonatal health: Prior works have demonstrated the role of these variables in predicting neonatal morbidity and mortality [1]. Additionally, previous research has shown the role of both the health of the mother and her socioeconomic environment in the prevalence of these two conditions [2]. We aimed to use geospatial analysis techniques to identify whether statistically significant clusters of PM (< 37 weeks) and LBW (< 5.5 lbs) exist on a nationwide level and to further explore the socioeconomic determinants associated with those clusters.

We used birth and C-section data from the March of Dimes and the National Center for Health Statistics during the years 2015–2019 across 3105 US counties [3]. Moran's I statistic was calculated to categorize individual counties as either Not Significant

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or as one of 4 statistically significant (p < 0.05) cluster classifications: High-High (H-H), High-Low (H-L), Low-High (L-H), Low-Low (L-L) [4]. In this attribution system, the first term designates the relative value of a given county compared to the national average; the second attribute reflects the relative value of neighboring counties compared to the national average. Demographic data was obtained from the American Community Survey (US Census Bureau). Factorial ANOVA was performed to evaluate the significance of contributory socioeconomic variables of interest at a significance level of 0.001.

Visualization of the cluster designations at the county level demonstrated clear geographic trends (Fig. 1). For both the PM and LBW analyses, there was an expansive H-H cluster that was persistent across the Southern states. There were 3 distinct expansive L-L clusters encompassing the New England states, the Midwest, and the Pacific Northwest. A LBW H-H cluster encompassed Colorado and northern New Mexico, yet this was not seen in the PM analysis. Similarly, multiple significant PM H-H clusters were identified in Texas, but not LBW clusters. Factorial ANOVA across clusters revealed significant

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contributions of various socioeconomic factors at a significance level of 0.001 for both the PM and LBW analyses (Tables 1 and 2).

PM and LBW have previously been demonstrated to have a strong relationship, so it is unsurprising that the

identified spatial clusters of these variables have substantial overlap, However, what is of particular interest are the regions that are clusters for one variable but not the other. For instance, there are regions of Texas where several counties are significantly higher in PM but not Table 1 Factorial ANOVA across preterm birth clusters. Asterisks reflect significance at a significance level of 0.001

ANOVA: Cluster Analysis of Preterm Birth

Allowing cluster marysis of freterin birth									
Cluster	High-High 795		Low-Low 952		Low-High 201		High-Low 187		P-value
Counties per Cluster									
Demographic Variable	Mean	SD	Mean	SD	Mean	SD	Mean	SD	
Population	64496.61	196449.9	126214.1	280923.7	69071.4	140112.1	106369.1	252554.9	6.09E-07*
% White	72	20.86	89.12	10.51	83.49	13.68	86.84	15.03	9.04E-103*
% Black	22.68	20.48	3.12	5.34	10.52	12.53	4.47	7.67	1.40E-166*
% American Indian	0.83	5	1.12	3.04	0.62	1.26	3.35	12.27	1.97E-08*
% Asian	0.78	1.04	1.99	3.58	1.07	1.61	1.18	1.58	2.72E-21*
% Hispanic	6.51	12.41	7.83	9.97	8.43	12.45	7.56	8.57	0.04073
Median Household Income	44685.49	10668.47	60557.75	14883.34	50749.5	13795.23	54713.7	10114.64	3.72E-124*
% With SNAP Benefits in Past Year	17.55	6.56	9.85	4.5	13.62	5.53	11.49	5.22	2.63E-157*
% With Health Insurance	88.98	4.49	93.01	3.5	89.25	4.19	91.71	5.6	1.83E-87*
% With Public Health Insurance	43.65	8.58	37.17	8.36	40.37	9.13	38.73	7.59	6.85E-53*
% Families in Poverty	15.21	5.77	7.66	3.07	11.77	4.67	9.32	4.37	1.98E-212*
% Households: Married	47.41	7.25	51.96	5.66	51.98	6.02	49.85	6.39	6.67E-49*
% Households: Single Parent	6.25	2.48	3.81	1.38	4.78	1.91	4.47	1.74	1.74E-130*
% Births: Unmarried	44.31	20.3	29.41	14.9	34.19	19.67	37.7	16.94	1.82E-62*
% 25 + Year Old: Bachelor's Degree or Beyond	17.28	7.12	26.09	10.6	21.12	10.63	21.71	6.45	2.55E-80*
% Households: Spanish Speaking	4.95	9.82	5.43	8.07	6.13	9.05	4.98	6.72	0.320591
Population Density	148.58	363.72	486.89	3125.64	172.81	333.32	357.03	1187.19	0.007615
2013 Rural Urban Cont. Code	4.99	2.57	4.79	2.75	4.82	2.75	5.17	2.7	0.215512

Table 2 Factorial ANOVA across low birth weight clusters. Asterisks reflect significance at a significance level of 0.001

ANOVA: Cluster Analysis of Low Birth Weight												
Cluster	High-High 725		Low-Low 1021		Low-High 161		High-Low 193		P-value			
Counties per Cluster												
Demographic Variable	Mean	SD	Mean	SD	Mean	SD	Mean	SD				
Population	66370.72	123966.7	110074.2	399492.9	69749.57	115894.8	195134.5	519333.4	1.07E-05*			
% White	69.22	20.42	89.72	10.22	84.58	11.14	84.67	17.68	2.92E-143*			
% Black	25.77	20.4	2.11	2.85	9.72	9.61	5.48	7.74	1.15E-248*			
% American Indian	0.62	2.36	1.94	6.45	0.94	4.17	3.72	14.46	8.65E-09*			
% Asian	0.87	1.14	1.73	3.18	1.22	1.76	1.51	2.72	6.69E-11*			
% Hispanic	5.68	8.33	7.31	9.54	6.07	7.25	7.44	9.2	0.000999*			
Median Household Income	44430.52	11380.09	59225.79	13116.82	53804.39	16338.27	53001.26	9956.9	4.56E-112*			
% With SNAP Benefits in Past Year	17.75	6.58	9.72	4.38	12.9	5.84	12.82	5.91	2.66E-163*			
% With Health Insurance	89.15	3.51	92.75	4.13	90.27	3.63	91.04	6.11	1.73E-66*			
% With Public Health Insurance	44.25	8.61	36.8	7.97	39.34	9.74	39.87	7	5.00E-69*			
% Families in Poverty	15.34	5.72	7.82	3.35	10.77	5.01	10.51	5.57	8.77E-194*			
% Households: Married	46.35	7.22	52.31	5.17	52.51	6.09	48.6	6.51	6.01E-86*			
% Households: Single Parent	6.3	2.51	3.81	1.35	4.66	1.7	4.76	2.2	3.31E-132*			
% Births: Unmarried	45.05	20.83	29.92	14.97	31.85	18.82	36.18	16.1	9.78E-65*			
% 25 + Year Old: Bachelor's Degree or Beyond	18.86	9.19	24.62	9.28	22.76	11.82	21.86	7.72	1.34E-33*			
% Households: Spanish Speaking	4.11	5.57	5.02	7.7	4.08	4.45	5.21	7.72	0.0179			
Population Density	177.29	446.45	287.84	2608.33	194.83	331.32	776.73	3267.5	0.00491			
2013 Rural Urban Cont. Code	4.89	2.54	5.11	2.74	4.3	2.86	4.97	2.81	0.004411			

LBW. Conversely, there is a large region of Colorado where there is a substantial incidence of LBW despite that region not having high prematurity. Given that factors traditionally associated with prematurity would not explain this increase, it is important to look for other explanations. The Colorado Department of Public Health has previously proposed the contribution of high altitude to pregnancy-induced hypertension as a possible explanatory factor [5]. The inverse relationship in Texas is harder to attribute to an isolated cause; though, the prevalence of large, medically underserved immigrant communities in the identified regions is likely a contributing factor. The ANOVA findings in this study underscore the importance of many socioeconomic factors that differentiate the clusters, including race and various economic markers (e.g., SNAP, insurance type, educational status). Interestingly, the rural/urban character between clusters did not significantly differ in this analysis.

Since PM and LBW demonstrate similar geospatial patterns across the United States, and a strong relationship exists between these two factors, regions that are high in one variable and not the other are of particular interest for further study.

Abbreviations

LBW: Low birth weight; PM: Prematurity; H-H: High-High; H-L: High-Low; L-L: Low-Low; L-H: Low-High; ANOVA: Analysis of Variance

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Not applicable.

Authors' contributions

NP conceived the study and performed data cleaning and analysis. BK and ML interpreted the data and drafted the manuscript. LA reviewed the manuscript and provided additional insights. KC provided oversight of the project and contributed to its direction. All authors have made a significant intellectual contribution to this work and consent to its publication. The author(s) read and approved the final manuscript.

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Availability of data and materials

This study uses publicly available data that is available through March of Dimes and the National Center for Health Statistics at https://www. marchofdimes.org/peristats/Peristats.aspx. Demographic data was obtained through the US Census Bureau American Community Survey (ACS), which is available at https://www.census.gov/programs-surveys/acs/data.html. Definitions of race and ethnicity used in this work are derived from those used in the ACS.

Declarations

Ethics approval and consent to participate

This study solely uses publicly available data. As such, informed consent and IRB review were waived per federal guideline 45 CFR 46 and institutional policy at the authors' institutions.

Consent for publication

All authors of the manuscript have read and agreed to its content and approve of the final version for publication.

Competing interests

The authors declare no conflicts of interest.

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